



# LIFEPROOF

## Bonaqua LIFEPROOF Action Sprint Repulse Bay, Hong Kong

FEB 14, 2016

### MEN'S - Top 5

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	24	Brian McFlynn	M 20-29 /	Ireland	1:21:20
2nd	18	Tsun Ling, Lau	M 20-29 / Hong Kong Baptist University	Hong Kong	1:21:33
3rd	28	Nick Scott	M 30-39	United Kingdom	1:22:02
4th	95	Jeremy Chi Hang, Leung	M 30-39 / The North Face	Hong Kong	1:23:34
5th	129	Steve Glynn	M 40-49 /	Ireland	1:24:44

### WOMEN'S - Top 5

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	253	Zein Williams	W 30-39 / Raidlight	Hong Kong	1:28:45
2nd	202	Kelly Kjestrup	W 20-29 /	New Zealand	1:35:51
3rd	257	Marie McNaughton	W 40-49 / Gone Running	New Zealand	1:36:34
4th	300	Vicki Haigh	W 40-49 /	United Kingdom	1:45:26
5th	224	Mairi McInnes	W 30-39 /	United Kingdom	1:46:35



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### M 14-19 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	279	Trebaol Tristan	M 14-19 /	France	1:29:03
2nd	3	Chi Yeung, Chiu	M 14-19 / 聖貞德中學越野隊	Hong Kong	1:37:22
3rd	2	Wai Hei, Ng	M 14-19 / Asia trail	Hong Kong	1:40:23

### M 20-29 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	24	Brian McFlynn	M 20-29 /	Ireland	1:21:20
2nd	18	Tsun Ling, Lau	M 20-29 / Hong Kong Baptist University	Hong Kong	1:21:33
3rd	21	Cheuk Ting, Luk	M 20-29 / Berrytime	Hong Kong	1:25:58

### M 30-39 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	28	Nick Scott	M 30-39 /	United Kingdom	1:22:02
2nd	95	Jeremy Chi Hang, Leung	M 30-39 / The North Face	Hong Kong	1:23:34
3rd	299	Hoi To, Ho	M 30-39 /	Hong Kong	1:30:18



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### M 40-49 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	129	Steve Glynn	M 40-49 /	Ireland	1:24:44
2nd	122	Gabriel Gondard	M 40-49 /	France	1:32:29
3rd	157	Martin Cai	M 40-49 / Swimava	Canada	1:35:38

### M 50-59 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	172	Hing Fai, Chan	M 50-59 /	Hong Kong	1:36:19
2nd	290	WK, Chan	M 50-59 /	Hong Kong	1:37:30
3rd	167	King Fu, Chang	M 50-59 /	Hong Kong	1:40:03

### M 60+ - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	183	Frank Pilkington	M 60+ / Salomon	Ireland	2:04:26
2nd	182	Ivan Young	M 60+ /	New Zealand	2:32:03
3rd	181	Shing Hing, Yip	M 60+ /	Hong Kong	2:59:36



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### W 14-19 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	186	Tevy Koh	W 14-19 /	Singapore	2:05:18
2nd	184	Wing Lam, Chau	W 14-19 /	Hong Kong	3:24:08
3rd	185	Wai Hei , Ng	W 14-19 /	Hong Kong	3:24:09

### W 20-29 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	202	Kelly Kjestrup	W 20-29 /	New Zealand	1:35:51
2nd	300	Vicki Haigh	W 20-29 /	United Kingdom	1:45:26
3rd	189	Stephanie Chor Ki, Chan	W 20-29 /	Hong Kong	1:47:50

### W 30-39 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	253	Zein Williams	W 30-39 / Raidlight	Hong Kong	1:28:45
2nd	224	Mairi McInnes	W 30-39 /	United Kingdom	1:46:35
3rd	281	Duana Forster	W 30-39 /	Australia	1:54:34



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### W 40-49 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	257	Marie McNaughton	W 40-49 / Gone Running	New Zealand	1:36:34
2nd	264	Louise Sheerin	W 40-49 /	United Kingdom	2:00:00
3rd	302	Jennifer Pollock	W 40-49 /	Canada	2:02:40

### W 50-59 - Top 3

Rank	Race #	Name	Category / Team Name	Nationality	Time
1st	276	Barbara Blaney	W 50-59 /	Canada	2:02:20
2nd	274	Kit Yee, Ho	W 50-59 /	Hong Kong	2:10:15
3rd	275	Suk Fun, Tse	W 50-59 /	Hong Kong	2:12:07